

TEITHIAU CERDDED ABERSOCH WALKS



Programme of Local Guided Walks Spring 2010

Feel like a walk? Don't know the footpaths? Why not join a guided walk?

Easy walks of 4-6 miles length. All welcome. Croeso i bawb.
Mainly in conjunction with Gorwel/Horizon (Wednesdays).

- **Wednesday March 31st** 11.0 am **Llanbedrog** to Pwllheli via the coastal path. Flat linear walk, 4.5 miles. Meet at Llanbedrog National Trust carpark. Bus back (or option to walk).
- **Easter Monday April 5th** 2.00 pm SAC walk from **Abersoch** via Warren-Castellmarch-Clawydd Mawr-Llangian-Pen y Gaer, circuit of about 5 miles, some hilly and muddy sections. Meet outside Londis/Talafon in the centre of Abersoch.
- **Wednesday April 14th** 11.00 am **Penrhyndeudraeth** circuit, about 4 miles, hilly. Meet at layby on A4085 towards Garreg, left up hill in Penrhyn and beyond rail crossing (map ref 614398).
- **Wednesday April 28th** 11.00 am **Carreg**-Anelog, 4-5 miles of rolling coastal path. Meet Mynydd Carreg NT carpark (map ref 162289).
- **Thursday May 6th** 10.30 am **Llanfrothen**-Rhyd, 6 miles C walk with some hilly sections, in conjunction with Llyn Ramblers. Meet at Rhiw Goch Farm north of Penrhyn (map ref 622403).
- **Wednesday May 12th** 11.00 am **Ederm** circuit, 5-6 miles, fairly flat, some stiles. Meet at layby west of Ederm village.
- **Thursday May 20th** 1.00 pm **Llanbedrog** and **Coron**. 2 hour easy walk followed by optional visit to NGS garden (£3.25 entry for charity), in conjunction with Llyn Ramblers. Meet at Coron, turn opposite filling station (map ref 334323).
- **Wednesday May 26th** 11.00 am **Llanbedrog** circular, 5 miles. Meet at Llanbedrog NT carpark.
- **Wednesday June 9th** 11.00 am **Cilan** Headland, 3-5 miles. Meet at Mynydd Cilan National Trust carpark. (map ref 294246)
- **Wednesday June 25th** 11.00 am **Sarn Meyllteyrn** circuit, 4-5 miles moderate. Meet at Sarn memorial hall near centre of village.
- **Wednesday July 7th** 11.00 am **Mynytho**, Abersoch and back via the lakes, Nant Fawr and Rhandir, 4-5 miles, part hilly. Meet at Foel Gron carpark Mynytho.
- **Thursday July 15th** 1.30 pm **Beddgelert** circular including the Fisherman's path, in conjunction with Llyn Ramblers. Meet Beddgelert carpark (588482).

Please wear stout, comfortable footwear and bring a waterproof coat. Bring a drink and lunch where relevant. Sorry, no dogs are allowed. Please remember that you join these walks at your own risk.

Further information from Noel 01758 713 300.

www.sac-abersoch.org.uk